

**ORGANIC VEGETABLES 31 August 2010 SOURCE PRICE/KILO**

Aubergine - Eggplant	Holland	£ 4.10
<b>Beans - French</b>	<b>UK/Whitmuir</b>	<b>£ 5.50</b>
<b>Beans - Runner</b>	<b>UK/Whitmuir</b>	<b>£ 3.20</b>
<b>Beetroot</b>	<b>UK/Whitmuir</b>	<b>£ 0.30</b>
<b>Broad Beans</b>	<b>Whitmuir</b>	<b>£ 2.30</b>
<b>Broccoli</b>	<b>UK/Whitmuir</b>	<b>£ 2.30</b>
<b>Bush Beans</b>	<b>Whitmuir</b>	<b>£ 6.00</b>
Butternut Squash	Spain	£ 2.80
<b>Cabbage - Golden Acre</b>	<b>Whitmuir</b>	<b>£ 1.85</b>
<b>Cabbage - Red</b>	<b>Whitmuir</b>	<b>£ 1.50</b>
<b>Carrots</b>	<b>Whitmuir</b>	<b>£ 1.35</b>
<b>Cauliflower</b>	<b>Whitmuir</b>	<b>£ 1.75</b>
Celery (each)	UK	£ 1.45
<b>Chard</b>	<b>Whitmuir</b>	<b>£ 8.50</b>
Chilli Pepper - Red	Holland	£ 11.55
<b>Courgettes</b>	<b>Whitmuir</b>	<b>£ 1.95</b>
<b>Cucumber - (each)</b>	<b>Whitmuir</b>	<b>£ 0.75</b>
<b>Fennel</b>	<b>UK/Whitmuir</b>	<b>£ 3.75</b>
<b>Flat Beans</b>	<b>Whitmuir</b>	<b>£ 4.00</b>
Garlic	Argentina	£ 7.50
Ginger	China	£ 6.50
<b>Black Kale</b>	<b>Whitmuir</b>	<b>£ 9.75</b>
Leeks	UK	£ 2.95
<b>Mange tout</b>	<b>Whitmuir</b>	<b>£ 7.50</b>
Mushrooms - White	UK	£ 4.90
Mushrooms - Chestnut	UK	£ 6.50
<b>Onions - White</b>	<b>Whitmuir</b>	<b>£ 1.60</b>
<b>Onion - Red</b>	<b>Whitmuir</b>	<b>£ 1.70</b>
<b>Parsley - flat/curly (bunch)</b>	<b>Whitmuir</b>	<b>£ 0.50</b>
Peppers - Green	France	£ 4.50
Peppers - Red	Holland	£ 5.00
Peppers - Yellow	Holland	£ 4.55
<b>Potatoes New - Charlotte</b>	<b>Whitmuir</b>	<b>£ 1.50</b>
<b>Salad - Mixed (100g)</b>	<b>Whitmuir</b>	<b>£ 1.50</b>
<b>Spinach</b>	<b>Whitmuir</b>	<b>£ 8.00</b>
Squash - Harlequin	UK	£ 2.40
Sweet Potato	Spain	£ 4.50
Tomatoes	UK	£ 2.60

Tomatoes Cherry	UK	£ 4.60
Tomatoes - Vine	UK	£ 3.15

<b>ORGANIC FRUIT 31 August 2010</b>	<b>SOURCE</b>	<b>PRICE/KILO</b>
Apples - for Baking	UK	£ 1.90
Apples - Lena	UK	£ 2.20
Apples - Red Delicious	Argentina	£ 2.30
Apples - Scrumptious	UK	£ 2.20
Bananas	Equador	£ 1.75
<b>Blackcurrants - 25% OFF! - frozen</b>	<b>Whitmuir</b>	<b>£ 10.00</b>
Grapefruit	RSA	£ 2.55
Grapes - Red Globe	Italy	£ 4.50
Kiwi	Chile	£ 2.30
Lemons	RSA	£ 1.95
Limes	Dom. Republic	£ 5.60
Melon - Galia	Spain	£ 2.25
Oranges - Navel	RSA	£ 1.90
Peaches	France	£ 5.15
Pears - William	France	£ 2.70
Pineapple (each)	Costa Rica	£ 3.45
Plums	UK	£ 3.00